



City of Turku

MARCH 20-28, 2016

COMPASS: HUMAN RIGHTS TRAINING, KAARINA, FINLAND.

DEAR PARTICIPANTS, we are pleased to welcome you to Kaarina to participate in the international training course (**COMPASS: Human rights training**). Below, please find basic information you might need regarding the training and some practical information about the trip, the venue and when we expect you to arrive to Kaarina. We have also attached an application form for participants to be returned latest February 20, 2016 and planned activities during your stay.

WANT TO LEARN ABOUT HUMAN RIGHTS AND DEVELOP OR IMPROVE YOUR SKILLS AS HUMAN RIGHTS EDUCATOR OR CONTINUE WITH YOUR PERSONAL DEVELOPMENT?

EXCITED ABOUT INTERACTIVE LEARNING?

DO YOU WANT TO SHARE KNOWLEDGE WITH OTHER ORGANIZATIONS?

ORGANISER:

StepEurope Ry
Nisse Kavonkatu 3,
20610 Turku
e-mail: info@step-europe.org
tel: +358468401849
Program manager: Tewodros Mekonnen
email: tewodros.mekonnen@step-europe.org
tel: +358451805590



ABOUT STEPEUROPE RY

StepEurope ry is a youth-focused international organization registered under Finnish law in 2015 with the idea of empowering and activating young people in Finland, especially in Turku area. We try to achieve this by organizing local and international trainings, seminars and volunteer work. Last year, we were able to organize trainings locally and also participated in those organized by our partners in Sweden and UK.

The major goal the organization aims to achieve includes:

- To activate youngsters to play a positive role in their life.
- Raise the awareness of young people on important social issues and developing skills of adults working with them through networking, capacity building trainings and knowledge exchange.
- Coordinate efforts by different organizations in Turku area to tackle key issues faced by youth like racism and youth unemployment.

ABOUT COMPASS HUMAN RIGHTS TRAINING

Europe's current migration and asylum 'crisis' shows that there's a lot of ignorance, misunderstanding and prejudice against migrants and asylum seekers. We would like to spread the use of COMPASS-human rights manual as a way to fight prejudice, xenophobia and promote better community relations.

We have developed this project idea jointly with our UK partner organization HREC by combining their experience in the field with StepEurope's local knowledge about the needs and interests of youngsters and individuals working with young people.

The aim of this course is to educate active European citizens who will act in defense of human rights across the continent. The course will foster reflection on what it means to be an active, responsible European citizen and how to use citizenship to defend human rights locally, notably with regards to migration and asylum issues.

COMPASS-Human Rights Training FINLAND will be held in Kaarina on March 2016 and involves 31 participants from seven Erasmus+ programme countries as well as a team of trainers/experts, logistic and local support workers.

The main project activity is an eight-day training course on the Council of Europe's 'Compass' Human Rights Education Manual and informal learning, where everyone is an active member during the training session.

The project aims to mainstream human rights education in youth work, particularly to counter the recent rise in xenophobia and hostility towards asylum seekers and migrants in Europe.

THE TRAINERS

1. **Max Fras:** is a member of the Council of Europe's Pool of Trainers and UK Erasmus+ National Agency Trainers Pool. Max was involved in over 50 European youth work training projects over the past ten years as a facilitator, trainer or project manager.
2. **Archil Chochia** is a trainer in non-formal learning and has delivered several trainings on human rights education. Archil is a part-time lecturer at Tallinn Law School of Tallinn University Technology, where he teaches ethics of law and technology, human rights and political science. Archil is native Georgian and has worked there with war-affected youth for several years. He has been facilitating European youth project for several years now. Archil has a doctoral degree in EU studies from Tallinn University of Technology.

TRAINING OBJECTIVES

Based on the preparatory process involving StepEurope staff, young people, external trainers and project partners, we have established the following project objectives:

- To review good practice in human rights education in partner countries
- To share experiences of human rights challenges in partner countries, notably in relation to migration and asylum issues
- To develop participants' competences in human rights education
- To train participants in using the Compass HRE Manual
- To strengthen partnerships between partner organizations, including development of new projects

LEARNING OUTCOME

Knowledge

- Key concepts such as: freedom, justice, equality, human dignity, non-discrimination, democracy, universality, rights, responsibilities, interdependence and solidarity;
- The role of human rights and their past and future dimension in one's own life, in the life of communities, and in the lives of other people around the world;
- The distinction and co-relations between civil / political and social / economic rights;
- Local, national, international bodies, non-governmental organizations, individuals working to support and protect human rights;
- Different ways of viewing and experiencing human rights in different societies, different groups within the same society, and the various sources of legitimacy – including religious, moral and legal sources;

Skills

- Active listening and communication: being able to listen to different points of view to advocate one's own rights and those of other people;
- Critical thinking: finding relevant information, appraising evidence critically, being aware of preconceptions and biases, recognizing forms of manipulation, and making decisions on the basis of reasoned judgment;
- The ability to work co-operatively and to address conflict positively;
- The ability to participate in and organize social groups;
- The ability to recognize human rights violations;
- Acting to promote and safeguard human rights both locally and globally.
- Adopt new and exciting way of learning.

Attitudes

- A sense of responsibility for one's own actions, a commitment to personal development and social change;
- Curiosity, an open mind and an appreciation of diversity;
- Empathy and solidarity with others and a commitment to support those whose human rights are under threat;
- A sense of human dignity, of self-worth and of others' worth, irrespective of social, cultural, linguistic or religious differences;
- A sense of justice, the desire to work towards the ideals of universal human rights, equality and respect for diversity.

WHO SHOULD ATTEND THE TRAINING?

The training is best suited for individuals interested on human rights and who are able to properly communicate in English. This is an eight days training for young people above the age of 18, youth leaders and workers in non-governmental organizations.

TERMS OF AGREEMENT

Contribution from organizers

1. Accommodation in twin and triple en-suite rooms. Please note you will share a room with someone from another country.
2. Three meals and two coffee breaks per day.
3. Delivery of the programme and all learning materials in printed and electronic format.
4. Youth-pass (www.youthpass.eu) outlining all relevant competences gained during training.
5. Reimbursement of your travel costs up to 100% of actual costs (see "Travel cost reimbursement") within the country budget allocated by ERASMUS+ programme after submission of original travel documents and invoices on arrival.

Contribution from promoters/partner organizations

1. Confirmation of partnership and your commitment to select participants for the training – **please respond by January 20**, otherwise may have to open the call for participants to other organizations. Participants has to be selected a month later, by **February 20**.
2. Selection of participants by February 20 and providing of their application forms.
3. Help for the selected participants from your organization with travel arrangements and when needed with insurance (sometimes it is cheaper to buy a group insurance).
4. Dissemination of the results of the event on your website, newsletters, social media etc.

Contribution from participants

1. Active and motivated participation in all project activities.
2. Travel insurance! / European Health Insurance Card (more info: <http://ec.europa.eu/social/main.jsp?catId=559>)
3. Participation FEE for the whole training: 30 EUR per participant (this will be deducted from the reimbursement that you will be paid on the spot).

TRAVEL COST REIMBURSEMENT

IMPORTANT! We will reimburse up to 100% of your actual travel costs - subject to submission of travel forms and original travel documents, including boarding passes, receipts and ALL return documents.

We will not be able to send the reimbursement after the project, so you **MUST** purchase ALL tickets in advance and have the originals with you on arrival.

Your travel budget is as following

Promoter's country	Travel limit
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Romania	€ 275
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UK	€ 275
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Croatia	€ 275
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Greece	€ 360
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Italy	€ 360
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Sweden	€ 275
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Reimbursement rules

1) Reimbursement of travel costs will only be done upon presentation of all original tickets (including return tickets), receipt/invoices and boarding passes. This means that once home after the training, participants will be asked to send the originals of all return documents and boarding passes. Please remember to bring the original invoices - there will be no reimbursement without the original invoices and tickets with indicated: names of travellers, description of the journey, and indication of cost, payment method, currency and date of travel.

2) Tickets/invoices in languages other than English have to be translated by participants (key info only: date, venue, route, issuing agent etc).

3) Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate of the month when the grant agreement for this project will be signed by the NA, as stated in the official European Commission web-site at

<http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>

4) **Participants are strongly advised to book trip travel well in advance to keep costs within the budget limits.** We would like to warn you that we would not be able to refund any of your trips outside of the direct route from your home city to the venue of the course, without stopovers longer than 12 hours

5) Note: Please send copies (scans) of all tickets and invoices and email them to E-MAIL before attending the training. This will be very helpful to organisers to begin processing the financial and reimbursement data so that all payments may be made as efficiently as possible.

VENUE



The course will be held at Hostel Tuorla in Kaarina (a town 13 km away from Turku city). Food and accommodation will be in the same place; we will have sauna facility and free Wi-Fi access. Participants will be accommodated in apartments (kitchen, fridge, TV, shower and toilet facilities).

More info:

<http://tuorlanmajatalo.fi/en>

<http://www.visitkaarina.fi/>

WHEN AND HOW TO GET TO KAARINA?

The first activity day of this training course is on Sunday March 20th in the evening which means that we expect you to arrive to Turku on March 20 before 6 PM local time. We have a welcome dinner at 7:30 PM and we hope all of you can make it. The last activity of the week is a goodbye party on March 27th (Sunday evening) and departure is scheduled for March 28 which also means that we expect you to depart from Turku in the morning of March 28.

How to get to Kaarina?

The training will be held in Tuorlan majatalo in Kaarina. (Address: Tuorlantie 1 E, Kaarina)

You can come to the training either flying straight to Turku Airport (Turun Lentoasema) or Helsinki-Vantaa airport. Helsinki airport usually provides better and cheaper connections to all destinations than Turku, but sometimes the bus tickets might be relatively expensive straight from airport to Turku (around 30€/one way). However cheaper options are available from the city center of Helsinki. From Turku airport you can reach the venue with public transportation (3€/one way).

You can also come through Stockholm and take boat ride to Turku (12h) if you come from Sweden.

Flying directly to Turku Airport:

Often flying directly to Turku might be expensive and beyond the budget. However, it is wise to check for any offer or discounted tickets. From Turku airport, there is a regular bus connection with bus number 1 every 35 minutes on Sundays and every 20 minutes on week days. This bus journey takes 20 minutes and you have to change a bus to the venue at Turku city center (kauppatori). Ticket price 3 Euro and you can use the same ticket to come to the venue (tickets are valid for 2 hours after purchase). It is not possible to pay with a bank card for tickets in local buses so make sure that you have cash (in Euro) beforehand.

The busses number 7A, 700, 701 and 702 leaving from Turku marketplace stop at Tuorla (the venue, Tuorlan majatalo). If uncertain where to stop the bus, watch directly ahead and when you see the tall tower dome of Tuorla 1 metre telescope, move to the driver and remind him to stop at the Tuorla bus stop. Do not press the stopping signal when you see the tower, because then you is dropped off one bus stop too early. The Tuorla bus stop is next to the abovementioned junction and the venue is 300 meter from the bus stop.

See map: <http://reittiopas.foli.fi/bin/help.exe/3finn?tpl=stationInfo&&OK#Tuorla|000902910>

Bus schedule/journey planner from Kauppatori to Tuorla: <http://reittiopas.foli.fi/bin/query.exe/3engn?>

Flying via Helsinki:

From Helsinki Airport, there are two possibilities to arrive to Turku. One is taking the coach (outside Terminal 2) from the airport directly to Turku main bus station which will be the easiest option. This ticket usually cost 30 Euro but you can get 50% discount with student card (<http://www.expressbus.fi/en/home/>). Some of these coaches stops on the way directly next to venue (Tuorlan majatalo) so ask from the driver if they stop in Tuorla. If you come until Turku bus station, take local bus from outside the building to market square (kauppatori) and continue as instructed above (via Turku).

The other cheaper possibility is to use the local bus from the airport to Helsinki City center and using Onni Bus (<http://www.onnibus.com/fi/index.htm>) to come to Turku city center. Onni bus is very, very cheap especially if you book it in advance (Onnibus is popular so we recommend to book tickets in advance). Coach will come to the city center where you can change to a local bus.

The bus journey takes around two and a half hours.

Coming via Stockholm:

For participants coming from Sweden, you might want to take the boat leaving from Stockholm-Turku. You can check:

- Viking line (<http://www.sales.vikingline.com/>) or
- Silja line (<http://www.tallinksilja.com/en/web/int/book-a-cruise>)

Take bus number 1 from harbor to Kauppatori (3€) and proceed as above (via Turku)

The other possibility is using the flight to Turku or Helsinki mentioned above.

Taxi:

You can also take a taxi to Tuorla Hostel. Taxi stops can be found in several locations in Turku in marketplace (kauppatori, in front of the church), bus station or Turku airport. You can also ask for bigger taxi which can fit up to 8 people (tila-taxi). In Finland, you can take any taxi with the taxi sign on the car's roof. There are no illegal taxis in Finland.

If you want to call taxi the phone number is: +358210041

Distance from turku airport to Tuorla is around 22km (around 50€)

Distance from Turku city center to Tuorla is around 15km (around 30€)



OTHER PRACTICALITIES

Insurance: We recommend arranging EU health insurance card and taking it with you. Nevertheless is best that you check with your insurance company as we assume no liability that EU health insurance card is enough. Insurance is your responsibility.

Visa: If you need a visa for entry, please let us know so we can fix invitation letter or a confirmation from our side. Please be aware we do not have a budget for visa expenses and you will have to cover visa costs.

Venue rules: Alcohol (wine, etc.) not included in the meals but can be purchased from the place providing the accommodation with your expense. Smoking is allowed in designated areas (outdoors only).

Clothing: Take warm clothes since the weather in March is usually unpredictable and cold. Temperature can be something between -5 to +5 degrees. On the other hand, pack also you swimming suite since Sauna is popular and we will be having sauna night 😊

Intercultural evening: We will organize intercultural night, where all the countries will present their traditional food and tell some nice details in the home countries. Please buy some small food and drink for the intercultural evening. Citchen facilities are limited so think something which will not take long time to prepare.

Currency:

Euro. Please exchange money in advance as you cannot use other currencies in Finland.

CONTACT PERSON AND PHONE NUMBERS

Emergency, Ambulance, police: 112

Hostel Tournalan Majatalo: +3582472 6625, gsm:+35850 3039 803

For all questions concerning the training, the venue or practicalities contact:

Tewodros Mekonnen, Project Manager

tewodros.mekonnen@stepurope.org / info@stepurope.org

Tel: +358451805590

General StepEurope tel: +358468401849

We wish you a pleasant journey and hope to see you soon!!

STEP EUROPE TEAM MEMBERS